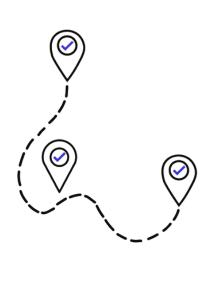


Walking family and friend carers through one of life's most challenging and confusing journeys



## After a diagnosis, you may be overwhelmed with

- What to do? Where to start?
- Am I doing the right thing?
- What do I need to know?
- Where and when to get help?
- What subsidies and support are available?
- How to manage and live well?

## Personalised and practical guidance at your fingertips

The CARER tool will provide you with:

- quality information from experts
- practical tips from other carers just like you
- Untangling the 'maze' and empowering you to navigate your own journey.

As a passion project, we offer a 60-day free trial, then less than the cost of a coffee (cancel anytime). Home Care Packages or NDIS can cover the cost, if needed.

## Learn more at mydementiacompanion.com.au/carer

Winner of Dementia Australia, the Department of Health and Deloitte's Decoding Dementia Innovation Challenge and <u>more</u>

